



MASTER LOGGER NEWSLETTER

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Tennessee
Master Logger Partners:



UT Extension

First Aid and CPR in Logging Industry

Provided By: Forestry Mutual Insurance Company

You never know when a logging emergency will present itself that requires the immediate need for First Aid and CPR (Cardiopulmonary resuscitation). At a logging site there is no way that you can predict when a tragedy or event will occur in which the life of an employee could easily be saved through proper training. That's why First Aid and CPR certification is so important in training employees to handle life treating and emergency situations.

Logging crews are becoming more aware of the importance and understand the implications CPR can have on a life. The first ten minutes are the most important when someone has a medical emergency, particularly in cases of cardiac arrest. According to the American Heart Association, about 95 percent of cardiac arrest victims die before they even reach the hospital. Effectively implemented CPR can double the chance of survival of victims.

In Tennessee, the Department of Labor and Workforce Development, has adopted Federal Occupational Safety and Health Standards for requirements in the logging industry. Under that standard (1910 Standards for General Industry) there must be at least one logger certified in CPR and First Aid at the logging site at all times. TFA recommends that all loggers be trained and certified to in First Aid and CPR. Having all employees ensures someone is always available for emergencies in case an employee is sick or away from the job site. Having everyone trained and current will also prevent an OSHA citation. The written certification record shall contain the name of the employee trained, the date(s) of the training, and the signature of the person who conducted the training or the signature of the employer. If the employer relies on training conducted prior

to the employee's hiring, the certification record shall indicate the date the employer determined the prior training.

Additionally, First-aid and CPR training shall be conducted using the conventional methods of training such as lecture, demonstration, practical exercise and examination (both written and practical). The length of training must be sufficient to assure that trainees understand the concepts of first aid and can demonstrate their ability to perform the various procedures.

Tennessee offers many different agencies that instruct First Aid and CPR. Two such agencies are the American Red Cross and American Heart Association. But one area you may want to consider when looking for the training is the length of the certification or how long till the training expires. With the agencies mentioned, the American Red Cross certification is for one year and the American Heart Association certification remains current for two years. It is very important that your employees maintain their certification. All certifications expire on a certain date and employers are encouraged to maintain records of all First Aid and CPR training.

Still there are many other agencies that offer First Aid and CPR, we suggest checking your local yellow pages or the internet. Local volunteer fire stations will sometimes offer CPR and First Aid classes too. Should you prefer the agencies mentioned above you can contact the American Red Cross at 1-800-733-2767 or American Heart Association at 1-800-242-8721. Whatever agency you choose remember that although it is a state/federal requirement for conducting logging operations, **CPR can double the chance of survival for your employees.**

New Years Resolution / Safety

Provided By: John J. Lemire (J.J.), Director of Loss Control, Forestry Mutual Insurance Company

With the coming of the New Year we always wonder what cards will be dealt during the year ahead. How will the forest industry be? What markets will I be able to take advantage of? Can I adapt to changing markets with my current business strategy? These questions along with many others are pondered at New Years. One underlying factor must remain constant, **SAFETY!!!**

Our industry is ever changing. We are harvesting for a world-wide market. What was in demand yesterday may not be attractive today. Timber species and cutting specs may often change. We have to be able to adjust to new opportunities to remain financially sound. Safety has always been a direct influence on the financial side of a logging business. Remember the saying **SAFETY PAYS!**

A very good New Years resolution would be to focus on the risk associated with most logging jobs. Three broad categories carry the majority of risk on logging jobs. Branching from the three main categories are sub-categories where specific risk can be attacked. The three main limbs of risk are:

OVER-HEAD HAZARDS

With out a doubt over head hazards represent a major limb in logging risk. Catastrophic injury and death are the result of this ever present risk on our jobs. To fight this risk we must be aware and LOOK UP!!

- Proper head PPE is mandatory on the logging job.
- Look Up and Out! Identify possible risk from above.
- Don't place your body under anything

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